

JSU CLUB ACTIVITY



CHALLAWEEN

Time needed	30 mins
Age range	Any teen
Background of teen	Any background
Set up	Tables to make challah

Goals: To teach about the mitzvah of Challah and the concept of giving

Relevance: Halloween

Supplies needed:

1. Challah dough (ready prepared)
2. Foil tins
3. Toppings
4. Table cloths
5. Plastic gloves

Active Learning:

If you have a long club time you can make the dough with the teens. However for most groups you will want to bring prepared dough.

Spend time explaining the mitzvah of hafrashat challah using the sources. Give teens time to combine dough (for the required amount to take challah) and make the bracha with them. Show them how to shape the dough, <https://www.youtube.com/watch?v=WCivWDh2dTc> (just one video example you can show for how to braid the dough).

Braid the dough and explain the idea of challah- that it is about GIVING from your food and that the focus of this mitzvah is about giving to others. The bread itself is named after the concept of giving the “challah”. Compare to the concept of Halloween which today manifests in taking- candy.

Step by step planning:

Time	Facilitator Activity	Teen activity
5 mins	Introduction to challah	
5 mins	Show teens how to	Do hafrashat challah
15 mins	Show video or show yourself how to	Braid the dough
5 mins	Explore the ideas explained above	Torah sources

Wrap up message and Torah thought:

<p>Bamidbar Chapter 15</p>	<p>במדבר פרק טו</p>
<p>"...It shall be that when you eat the bread of the land, you shall set aside a portion [of dough] for God."</p>	<p>יח) דִּבֶּר אֱלֹהֵי בְנֵי יִשְׂרָאֵל וְאָמְרָתְ אֲלֵהֶם בְּבֹאְכֶם אֶל־ הָאָרֶץ אֲשֶׁר אָנִי מְבִיא אֶתְכֶם שָׁמָּה: (יט) וְהָיָה בְּאֲכֹלְכֶם מִלֶּחֶם הָאָרֶץ תְּרִימוּ תְרוּמָה לִיקוֹן:</p>
<p>Rebbetzen Tziporah Heller (www.aish.com)</p>	
<p>The Midrash (Bamidbar Rabbah 15) tells us that challah is one of the three things for which God created the world. The Torah refers to challah as <i>reishit</i> -- "the first," related to the first word of Genesis, <i>B'reishit</i> -- "in the beginning." Challah is called "the first" because it is so primary to the world's purpose. Maharal explains this idea further by pointing out that the world is like an enormous human and that each human is like a mini-universe. Just as the globe is land and water, so too the human is composed of earth -- compared to flour, and spirit and intellect -- compared to water. Humans, as a combination of body and soul, flour and water, are like a dough. By separating challah we consecrate our multifaceted identity, the "dough." As a result, God permits us to use this dough in the process of rectifying ourselves and world.</p>	